# **Socialization And Sexuality**

A Comprehensive Training Guide

# **Table of Contents**

## Preface by Ann Craft

# Welcome from the Author

#### Chapter 1: Introduction To Training Design And Content

Establishing Rapport Clarifying Goals and Expectations Dispelling Myths Logistics of Setting Up Training

# Chapter 2: Understanding The Sexuality of People With Disabilities That Hinder Learning

Language and Labeling Historical Perspectives Misinformation and Misconceptions Rationale for Sex Education and Counseling Training Exercise and Questionnaire

#### **Chapter 3: Updates On Sexuality**

Male and Female Anatomy, Reproduction, Genetic Counseling Sexual Life Cycle, Human Sexual Response Sexual Health, Sexually Transmitted Diseases, AIDS Tests and Training Exercises

#### Chapter 4: Attitudes About Sexuality: Personal Exploration

Psychosicial Development Becoming Comfortable and Developing Rational Attitudes Group Discussion, Values Clarification Training Exercises and Attitudinal Questionnaire

#### Chapter 5: Sexuality Education

Part 1: Goals of Sex Education General Population Sex Education Meeting Specific Educational Needs The Sex Education Teacher Content, Teaching Methods, and Resources Exercises and A Test for Students Part 2: Guidelines for Curriculum Design Suggested Topics

#### Chapter 6: Social Skills And Relationships

Developing Social Skills and Social Skillfulness Friendship, Dating, Marriage and Parenthood Sexual Orientation: Homosexuality Training Exercises

#### **Chapter 7: Sexuality Counseling**

The Role of the Counselor; Potential Problems and Concerns Counseling on Different Levels: PLISSIT Model Special Skills and Resources Training Exercises

#### **Chapter 8: Sexual Behaviors**

Masturbation Legal and Moral Codes Involving Sexuality Inappropriate Sexual Behavior Sexual Offenders: Assessment and Treatment Training Exercises

#### Chapter 9: Sexual Abuse And Informed Consent

Part 1: Sexual Abuse Workshop and Resources for Prevention of Sexual Abuse Part 2: Counseling Abuse Victims with Disabilities Indications of Abuse and Reporting Abuse Training Exercises Part 3: Informed Consent Harmonizing Sexual Rights and Protection from Harm Defining Informed Consent for Sexual Activities Informed Consent for Medical Procedures Training Exercises

#### Chapter 10: Reproduction Choices (Birth Control)

Preparation for Birth Control Service Birth Control Methods-Advantages and Disadvantages of Each Sterilization. Abortion Training Activities. Test on Birth Control

## Chapter 11: Special Consideration Relating To Living Centers

Part 1: Goal of Consistency and Training All Staff Implementation of Residential Programs Common Concerns, Common Challenges Part 2: Training for Policy and Procedure Development Policy Formation and Implementation Workshop Steps for Writing Policies and Procedures

# Chapter 12: Working With Parents And Families

Common Attitudes of Parents: Insights and Options Parents and Professionals Working Together Common Questions and Answers Parent Education and Support Training Exercises and Questionnaires

# Chapter 13: Sexuality Programs And Evaluation

Part 1: Setting Up Sexuality Programs Part 2: Evaluation of Training Self Evaluation for Teachers

# Chapter 14: Assessments

Systematic Assessment Goals Examples and Samples of Assessment Methods Assessing Sex Offenders Examples of Assessing Sex Offenders

# Bibliographies

Information on Books, Articles, and Resource Materials List of Concerned Agencies and Sources of Instructional Materials ASSECT Certification Requirements